



ON GUARD PROTECTIVE BLEND

Applications:

A= Aromatic(smell). Inhalation: Inhale directly from bottle. Apply oil to hands, tissue, or cotton wick and inhale. **Diffusion:** Use a cold diffuser to disperse oil into the air.

T= Topical. Direct Application: Apply 1-2 drops of oils directly on desired location and/or on bottom of feet every 3-4 hours. **Children:** Dilute with fractionated coconut oil before applying. 1/3 essential oil for smaller children and 1/2 for older children.

I= Internally. Place 2-3 drops of On Guard in a veggie capsule and swallow. Or Take 1-2 On Guard Softgels. Or place 1-3 drops in a cup of water before drinking. Use periodically every 3-4 hours if unwell.

Common Uses:

(A) Air Purification, (T) Abscess (Oral), (T) Antibacterial, (A,T) Antifungal, (A,T) Antiviral, (T) Bad Breath, (I,T) Bladder Infection, (T) Candida (Internal Fungus), (A,T) Chronic Fatigue, (T) Cold Sores, (A,T) Colds, (A,T) Coughs, (T) Disinfecting, (A) Emotional Protection, (A,T) Flu, (T) Gum Disease, (T) Halitosis, (I,T) Hypoglycemia, (A,T,I) Infection, (T) Lupus, (A,T) Mold, (A) Pneumonia, (I) Sore Throat, (I) Strep Throat, (I,T) Staph Infection, (I) Tonsillitis (A) Vulnerability & (T) Warts.

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